# FOOD = LOVE

www.openhand.org

"Project **Open Hand's** nutritious food gives me energy to take on the day."

-HULDA, BERNAL HEIGHTS



#### **Our Story**

Project Open Hand was founded in San Francisco in 1985 at a time when the city found itself at ground zero of a frightening and devastating epidemic called AIDS. While many felt helpless as they witnessed the disease claim friends, family and co-workers, a retired food services worker named Ruth Brinker felt something needed to be done. Ruth began preparing meals with *love* in her kitchen and delivering them to seven neighbors with AIDS who were far too frail and critically ill to cook for themselves.

Ruth's vision of meals with love is still alive today and remains the motivating force behind all that Project Open Hand does to nourish and engage the community.

Today, Project Open Hand has expanded its services beyond HIV/AIDS to include serving those with critical illnesses such as breast cancer, diabetes, as well as seniors and adults with disabilities fighting hunger.

## **Our Impact**

Our food is love. And our food is medicine. It helps our clients recover from illness, get stronger and lead healthier lives. Every day, we prepare 2,500 nutritious meals and provide 200 bags of healthy groceries to help sustain our clients as they battle serious illnesses, isolation, or the health challenges of old age. We serve San Francisco and Alameda Counties, engaging more than 125 volunteers every day to nourish our community.

iscal Year 2015-2016

#### **Our Mission**

Nourish and engage our community by providing *meals* with love to the sick and the elderly.

### **Our Vision**

No one who is sick or elderly in our community will go without nutritious meals with love.

## 2016 Highlights

## UCSF March **Updates From Our Pilot Study**

**Project Open Hand completed** its first-ever client-focused nutrition study in partnership with physicians and researchers from the University of California, San Francisco School of Medicine. Through the results, we were able to prove that our meals:



hospitalizations **Decreased client ER** visits

Increased client 7 50% medical adherence

The full study will be published in the Journal of Urban Health in 2017.

## Adrian Barrow, **Our New Executive Chef**

May

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Client for four years, chef for eight, Adrian Barrow is one of many remarkable stories in the Project Open Hand family, and his skill set in our kitchen is indispensable. Adrian says, "The only thanks I ever want is for our clients to feel well and taken care of after they've finished eating."

Introducing **CHeFS Study** 

August

Following a groundbreaking research FOOD = MEDICINE collaboration with UCSF that provided 64 critically ill Bay Area residents with access to 100% nutrition for five months, **Project Open Hand and UCSF** are now underway with Phase II: "Changing Health through Food Support." Also known as the CHeFS Project, the research study will follow 200 existing HIV+ clients in both San Francisco and Alameda Counties as they receive regular specialized nutrition education and access to all of their nutrition needs for six months.

\$ September

### A Recap of **Project** Open Hand Weekend

With both the Ghirardelli Chocolate Festival and the Giant Race falling on the same weekend this year, the two iconic San Francisco organizations partnered to help raise awareness and funds for Project Open Hand. The events brought in a total of over \$325,000 for our meals with love!



**19 Millionth Meal Served!** 

We proudly served our 19 millionth meal this year!

Both San Francisco Mayor Ed Lee and the Board of Supervisors publicly recognized this milestone by issuing declarations of Project Open Hand Day and Weekend in the city.

Check out the video online at: vimeo.com/projectopenhand/ 19million



#### **Project Open Hand** and Zuckerberg SF **General Hospital** Partnership

To directly confront the growing problem of food insecurity and its relation to chronic disease, Project Open Hand and Zuckerberg San Francisco General Hospital are partnering to create a fully integrated program of primary care, medically tailored and 100% nutritious meals as well as related services among the medically underserved adults of the Bay Area. The special program is set to begin serving a minimum of 100 clients each year who are facing the highest and most acute nutritional needs.



#### **Our Chef:**

"I love the creativity in cooking. You can take a simple ingredient, and through chemistry and heat, you can create magic. Meals with love means I get to give something to someone without asking for anything in return ... offering my love through food."

-Adrian Barrow, Executive Chef



#### **Our Leadership:**

"Project Open Hand has helped me fulfill an ongoing personal mission – every day help and be of use to someone who needs me. I love the community that food serves to create for people from all walks of life. Project Open Hand is a community of friends that care for one another-no matter the cost."

- Amira Barger, VP Development & Communications



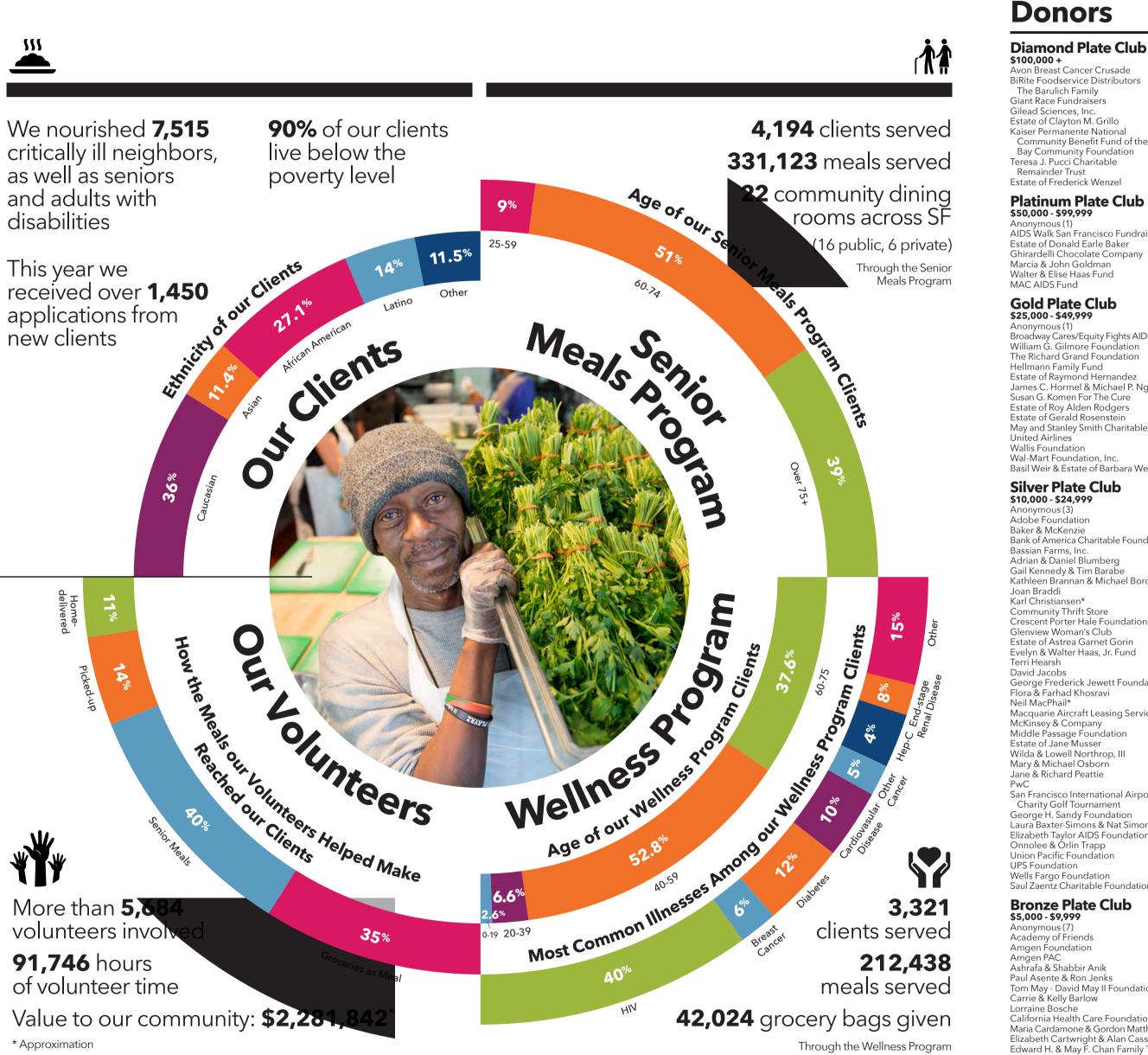
#### **Our Volunteers:**

Over the year, Salesforce has provided tremendous support, serving as both donors and volunteers. They even included a volunteer activity at Dreamforce 2016, encouraging attendees to help pack 2,000 wellness bags complete with cookbooks, measuring cups, and storage containers for our clients. Thanks, Salesforce!



#### **Our Clients:**

Project Open Hand ensures that our menus are designed to help our clients heal. Our food is created to meet the needs of a myriad of medical conditions. The most recent San Francisco Epidemiology Report showed that our client HIV suppression and drug adherence rates far exceed national averages.



Avon Breast Cancer Crusade BiRite Foodservice Distributors The Barulich Family Giant Race Fundraisers Gilead Sciences, Inc. Estate of Clayton M. Grillo Kaiser Permanente National Community Benefit Fund of the East Bay Community Foundation Teresa J. Pucci Charitable Remainder Trust Estate of Frederick Wenzel

#### Platinum Plate Club \$50,000 - \$99,999

Anonymous (1) AIDS Walk San Francisco Fundraisers Estate of Donald Earle Baker Ghirardelli Chocolate Company Marcia & John Goldman Walter & Elise Haas Fund MAC AIDS Fund

#### **Gold Plate Club** \$25,000 - \$49,999

Anonymous (1) Broadway Cares/Equity Fights AIDS William G. Gilmore Foundation The Richard Grand Foundation Hellmann Family Fund Estate of Raymond Hernandez James C. Hormel & Michael P. Nguyen Susan G. Komen For The Cure Estate of Roy Alden Rodgers Estate of Gerald Rosenstein May and Stanley Smith Charitable Trust United Airlines Wallis Foundation Wal-Mart Foundation, Inc. Basil Weir & Estate of Barbara Weir

**Silver Plate Club** \$10,000 - \$24,999 Anonymous (3) Adobe Foundation Baker & McKenzie Bank of America Charitable Foundation Bassian Farms, Inc. Adrian & Daniel Blumberg Gail Kennedy & Tim Barabe Kathleen Brannan & Michael Borck Karl Christiansen\* Community Thrift Store Crescent Porter Hale Foundation Glenview Woman's Club Estate of Astrea Garnet Gorin Evelyn & Walter Haas, Jr. Fund David Jacobs George Frederick Jewett Foundation Flora & Farhad Khosravi Neil MacPhail\* Macquarie Aircraft Leasing Services McKinsey & Company Middle Passage Foundation Estate of Jane Musser Wilda & Lowell Northrop, III Mary & Michael Osborn Jane & Richard Peattie San Francisco International Airport Charity Golf Tournament George H. Sandy Foundation Laura Baxter-Simons & Nat Simons Elizabeth Taylor AIDS Foundation Onnolee & Orlin Trapp Union Pacific Foundation **UPS** Foundation Wells Fargo Foundation Saul Zaentz Charitable Foundation

# **During this** fiscal year, **Project Open Hand** has prepared 900,765 meals for seniors in our community and neighbors battling serious illnesses.

'My favorite part about volunteering is the people. Everyone is wonderful, and I feel loved when I'm here." -Wilshia, kitchen volunteer (pictured at right)

## Leadership Team

Mark Ryle, LCSW, Chief Executive Officer

Teresa Ballete Vice President, Finance and Controller Amira Barger, MBA, CVA, CFRE,

Vice President, Development & Communications

Adrian Barrow. Executive Chef

Noah Lopez, Vice President, Programs

Kim Madsen, Med, RD, Director of Nutrition Services

John M. McArdle,

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Andy Prochaska. Vice President, Human Resources

Sean Rosas Director of Volunteer Services

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## Board **Members**

(Includes Fiscal Year 2015-2016 and 2016-2017)			
Patricia King Kristofer Konietzko Carmela D. Krantz Aneesh Krishna David Landis Gary Loeb Keith Maddock Patrick McGovern Matt Shiraki Jay Stowsky Vivian Tan Scott Willoughby			



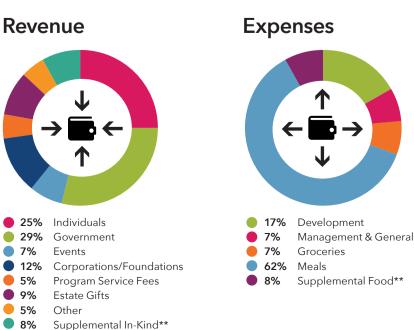
## **Project Open Hand**

openhand.org

San Francisco	Oakland
730 Polk Street	1921 San Pablo Avenue
San Francisco, CA 94109	Oakland, CA 94612
(415) 447-2300	(510) 622-0221

# **Financial Statements**

Statement of Financial Position (as of June 30, 2016)			
	2016	2015	
Total Assets	\$7,648,893	\$7,409,128	
Total Liabilities			
Total Net Assets	\$6,655,248	\$6,491,679	
Total Liabilities and Net Assets	\$7,648,893	\$7,409,128	



7%

6 5%

9%

5%

8%

#### Statement of Activities (as of June 30, 2016)

#### Revenue

From Operations	
Individual Donations	
Government Grants	
Program Service Fees	
Foundations	
Business and Corporate Donations	
Fundraising Events	
Bequests	\$1,051,109
In-kind Donations	
Total Support and Revenue	\$10,301,307
Other Revenue (investments, rental income, interest)	\$636,610
Subtotal Revenue	\$10,937,917
Supplemental In-kind Donations (Food)	
Grand Total Revenue	\$11,848,947
Operating Expenses	
Program Services (Meals and Groceries)	
Management and General	
Development	
Subtotal Operating Expenses	
Supplemental Food Expense	
Grand Total Operating Expenses	
Change In Not Access	
Change In Net Assets	¢/ 401 / 70
Net Assets, Beginning of Year Net Assets, End of Year	
Change	\$163,569

And Alameda County Public Health Departments. The Senior Meals Program is funded through the San Francisco Departm Aging and Adult Services, the USDA, senior contributions and private Project Open Hand donors. The complete financial statements for Project Open Hand audited by Hood and Strong, LLP are available at openhand.org. ontal Einancial Information

#### **Bronze Plate Club**

Anonymous (7) Academy of Friends Amgen Foundation Ashrafa & Shabbir Anik Paul Asente & Ron Jenks Tom May - David May II Foundation Carrie & Kelly Barlow Lorraine Bosche California Health Care Foundation Maria Cardamone & Gordon Matthews Elizabeth Cartwright & Alan Casserly Edward H. & May F. Chan Family Trust & Edythe Chan Estate of Carey W. Craig Credit Suisse Americas Foundation Sharon Dickson & Jeff Gray Lisa Ells Margareta & Staffan Encrantz FedĔx Mrs. Donald G. Fisher Linda Glick\* Helen Hansma Robert Hasty Frances Hellman & Warren Breslau Kym & Graham Hough Estate of Sylvester James Betty Jensen Ann Kennedy David Landis & Sean Dowdall Landis Communications Nicole Lederer & Lawrence Orr Lee Family Foundation Mary & Eric Lindquist Carmen McReynolds Cynthia Mitchell The Morrison & Foerster Foundation Alykhan Motani & Thomas Renau Estate of Daniel Muccigrosso OpenTable Charles Roberts, in memory of Gail Roberts Veronique & Peter Siggins Estate of John T. Smith Luke Smith Judy & Manual Soto Stamos Capital Partners, L.P. The Lazlo N. Tauber Family Foundation, Inc. Kalée & Theron Tock Valencia Cyclery Charlotte von der Hude Suzanne Waterman Jacqueline & Lyle Whited Marilyn Wolpe Ellie Wood

\*Designates members of The Supper Club, Project Open Hand's monthly giving program

# FOOD = LOVE

www.openhand.org

**"Before Project Open Hand's** meals, I could barely walk. Now, I can dance."

-MARIO, MISSION DISTRICT



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Fiscal Year 2015-2016

125 volunteers every day to nourish our community.

## **Our Mission**

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#### **Our Vision**

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## **2016 Highlights**

UCSF

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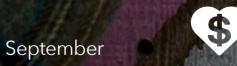
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#### **Our Clients:**

(16 public, 6 private)

Through the Senior

Meals Program

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## Donors

#### **Diamond Plate Club** \$100,000 +

Avon Breast Cancer Crusade BiRite Foodservice Distributors The Barulich Family Giant Race Fundraisers Gilead Sciences, Inc. Estate of Clayton M. Grillo Kaiser Permanente National Community Benefit Fund of the East Bay Community Foundation Teresa J. Pucci Charitable Remainder Trust Estate of Frederick Wenze

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Diana Adachi Shabbir Anik Ben Baker Timothy Barabe Karl Christiansen Mike Dillon Linda S. Glick Linda Harrison Kym Hough Selwa Hussain Anita Jaffe Brendon Kearney Ann Kennedy	Patricia King Kristofer Konietzko Carmela D. Krantz Aneesh Krishna David Landis Gary Loeb Keith Maddock Patrick McGovern Matt Shiraki Jay Stowsky Vivian Tan Scott Willoughby		





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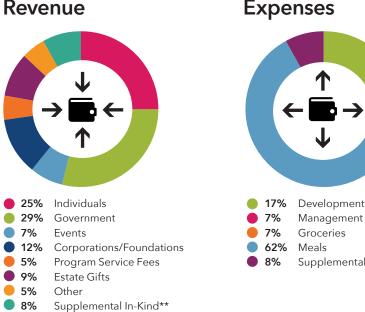
Management & General

Supplemental Food\*\*

Groceries

Meals

#### Revenue



#### Statement of Activities (as of June 30, 2016)

#### Revenue

From Operations	
Individual Donations	
Government Grants	\$3,441,425
Program Service Fees	
Foundations	
Business and Corporate Donations	
Fundraising Events	
Bequests	
In-kind Donations	
Total Support and Revenue	\$10,301,307
Other Revenue (investments, rental income, interest)	\$636,610
Subtotal Revenue	\$10,937,917
Supplemental In-kind Donations (Food)	\$911,030**
Grand Total Revenue	
Operating Expenses	
Program Services (Meals and Groceries)	\$8.009.788
Management and General	
Development	\$2,002,979
Subtotal Operating Expenses	
Supplemental Food Expense	\$911,030**
Grand Total Operating Expenses	\$11,685,378
Change In Net Assets	
Net Assets, Beginning of Year	\$6 491 679
Net Assets, End of Year	
Change	
	\$100,007
Project Open Hand receives partial support from the federally funded Ryan White HIV/AIDS Pr and Alameda County Public Health Departments. The Senior Meals Program is funded throug	ogram through the San Francisco h the San Francisco Department of

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