











## Open Weekdays

Site	Meal Times	Address	Transportation
Aquatic Park Senior Center (18+)	11:30am-12:30pm (M-F) 	890 Beach St	MUNI 19,28,30,49
AWD Site (Adults with Disabilities 18-59 Only) Takeout Center (18+)	10:30am - 12:30pm (M-F)  1pm-4pm (M-F) ❄️ (5-Pack)	730 Polk St	MUNI 19,31,38,38R,49
Castro Senior Center (18+)	11:30am - 12:30pm (M-F) 	110 Diamond St	MUNI 24,33,35,F,KT,L,M
IT Bookman Community Center (18+)	11:30am - 12:30pm (M-F) 	446 Randolph St	MUNI 28,57,M
Pomeroy Recreation & Rehabilitation Center (Open to Pomeroy clients only)	11:30am - 12:30pm (M-F) 	207 Skyline Blvd	MUNI 18,58
Richmond Senior Center (18+)	10:30am - 12pm (Thursdays only) ❄️ (5-Pack)	6221 Geary Blvd (3rd Floor)	MUNI 1,29,31,38,38R
Telegraph Hill Neighborhood Center (18+)	11:30am- 12:30pm (M-F) 	660 Lombard St	MUNI 8,30,39,PM

## Open Weekdays and Weekends

Site	Meal Times	Address	Transportation
Curry Senior Center (60+ Older Adults Only)	8:30am - 9:30am (Breakfast, Daily)  10:30am - 12:30pm (Lunch, Daily)	333 Turk St (2nd Floor)	MUNI 5,5R,9,19,27,31
Downtown Senior Center (18+)	9am - 10am (Breakfast, Daily)  11am-12pm (Lunch, Daily)	481 O'Farrell St	MUNI 27,31,38,38R
Stanford Hotel (18+)	11:30am - 12:30pm (Lunch, Daily) 	250 Kearny Street (2nd Floor)	MUNI 2, 8, 30, 45, CA
Visitation Valley Community Center (18+)	11:30am-12:30pm (Lunch, Daily) 	66 Raymond Ave	MUNI 8,9,9R,56,KT



Frozen Meals



Hot Food



Dine-In



To-Go





**COMMUNITY NUTRITION PROGRAM SITES**

**Join us for  
Meals with Love!**



*(See Reverse Side For Hours)*

-  **Weekdays and Weekends**
-  **Weekdays Only**

**FOR MORE INFORMATION**  
[openhand.org/cnp](http://openhand.org/cnp)  
415-447-2379  
[cnp@openhand.org](mailto:cnp@openhand.org)



**Project Open Hand**  
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## 工作日開放

### 膳食站

### 膳食時間

### 地址

### 公共交通巴士

水上公園老人中心 (十八歲以上)	早上十一點半至中午十二點半 (星期一至星期五)   	890 Beach St	巴士號碼 19,28,30,49
成年殘障人士的食堂 (只提供服務予殘障人士 十八歲至五十九歲)	早上十點半至中午十二點半 (星期一至星期五)   	730 Polk St	巴士號碼 19,31,38,38R,49
外帶中心 (十八歲以上)	下午一點至四點 (星期一至星期五) ❄️ (五份冰凍餐)		
卡斯楚老人中心 (十八歲以上)	早上十一點半至中午十二點半 (星期一至星期五)   	110 Diamond St	巴士號碼 24,33,35,F,KT,L,M
博文社區中心 (十八歲以上)	早上十一點半至中午十二點半 (星期一至星期五)   	446 Randolph St	巴士號碼 28,57,M
Pomeroy康樂和復康中心 (只開放給Pomeroy客戶)	早上十一點半至中午十二點半 (星期一至星期五)   	207 Skyline Blvd	巴士號碼 18,58
列治文老人中心 (十八歲以上)	早上十點半至中午十二點 (僅限星期四) ❄️ (五份冰凍)	6221 Geary Blvd (3rd Floor)	巴士號碼 1,29,31,38,38R
電報山鄰舍中心 (十八歲以上)	早上十一點半至中午十二點半 (星期一至星期五)   	660 Lombard St	巴士號碼 8,30,39,PM

## 工作日和週末開放

### 膳食站

### 膳食時間

### 地址

### 公共交通巴士

居里老人中心 (僅限六十歲以上成年人)	早上八點半至九點半 (早餐 · 每日)    早上十點半至中午十二點半 (午餐 · 每日)	333 Turk St (2nd Floor)	巴士號碼 5,5R,9,19,27,31
市中心老人中心 (十八歲以上)	早上九點至十點 (早餐 · 每日)    早上十一點至中午十二點 (午餐 · 每日)	481 O'Farrell St	巴士號碼 27,31,38,38R
斯坦福酒店 (十八歲以上)	早上十一點半至中午十二點半 (午餐 · 每日)   	250 Kearny Street (2nd Floor)	巴士號碼 2, 8, 30, 45, CA
訪谷區社區中心 (十八歲以上)	早上十一點半至中午十二點半 (午餐 · 每日)   	66 Raymond Ave	巴士號碼 8,9,9R,56,KT



冰凍餐



熱食物



堂食



外賣



## 社區營養 計劃膳食站

# 來和我們一起享用用 愛心的膳食!



Project Open Hand  
meals with love



- 工作日和週末
- ▲ 僅限工作日

了解更多信息  
網站：[openhand.org/cnp](http://openhand.org/cnp)  
電話：415-447-2379  
電郵：[cnp@openhand.org](mailto:cnp@openhand.org)

Updated 3/2023





## Abierto entre Semana

### Centros

### Horarios de Comidas

### Dirección

### Transportación

Aquatic Park Senior Center (18+)	11:30am-12:30pm (Lunes-Viernes)   	890 Beach St	MUNI 19,28,30,49
AWD Site (Solo adultos con discapacidades de 18 a 59 años) Takeout Center (18+)	10:30am - 12:30pm (Lunes-Viernes)    1pm-4pm (Lunes-Viernes)  (Paquete de 5)	730 Polk St	MUNI 19,31,38,38R,49
Castro Senior Center (18+)	11:30am - 12:30pm (Lunes-Viernes)   	110 Diamond St	MUNI 24,33,35,F,KT,L,M
IT Bookman Community Center (18+)	11:30am - 12:30pm (Lunes-Viernes)   	446 Randolph St	MUNI 28,57,M
Pomeroy Recreation & Rehabilitation Center (Abierta solo a Clientes de Pomeroy)	11:30am - 12:30pm (Lunes-Viernes)   	207 Skyline Blvd	MUNI 18,58
Richmond Senior Center (18+)	10:30am - 12pm (Solo los Jueves)  (Paquete de 5)	6221 Geary Blvd (3er piso)	MUNI 1,29,31,38,38R
Telegraph Hill Neighborhood Center (18+)	11:30am - 12:30pm (Lunes-Viernes)   	660 Lombard St	MUNI 8,30,39,PM

## Abierto entre Semana y Fines de Semana

### Centros

### Horarios de Comidas

### Dirección

### Transportación

Curry Senior Center (Solo para adultos mayores de 60 años)	8:30am - 9:30am (Desayuno, Diario)    10:30am - 12:30pm (Almuerzo, Diario)	333 Turk St (2do piso)	MUNI 5,5R,9,19,27,31
Downtown Senior Center (18+)	9am - 10am (Desayuno, Diario)    11am-12pm (Almuerzo, Diario)	481 O'Farrell St	MUNI 27,31,38,38R
Stanford Hotel (18+)	11:30am - 12:30pm (Almuerzo, Diario)   	250 Kearny Street (2do piso)	MUNI 2, 8, 30, 45, CA
Visitation Valley Community Center (18+)	11:30am - 12:30pm (Almuerzo, Diario)   	66 Raymond Ave	MUNI 8,9,9R,56,KT



Comida Congelada



Comida Caliente



Comer adentro



Para Llevar



## CENTROS DE NUTRICIÓN COMUNITARIA

# Únete a Nosotros para Comidas con Amor!



**Project Open Hand**  
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**PARA MÁS INFORMACIÓN**  
[openhand.org/cnp](https://openhand.org/cnp)  
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