

Open Weekdays

Site	Meal Times	Address	Transportation
Aquatic Park Senior Center (18+)	11:30am-12:30pm (M-F) 	890 Beach St	MUNI 19,28,30,49
Ruth Brinker Meal Site (18+)	10:30am - 12:30pm (M-F) 	730 Polk St	MUNI 19,31,38,38R,49
Takeout Center (18+)	1pm-4pm (M-F)  (5-Pack)		
Castro Senior Center (18+)	11:30am - 12:30pm (M-F) 	110 Diamond St	MUNI 24,33,35,F,KT,L,M
IT Bookman Community Center (18+)	11:30am - 12:30pm (M-F)  (Closed every 4th Friday of each month)	446 Randolph St	MUNI 28,57,M
Pomeroy Recreation & Rehabilitation Center (Open to Pomeroy clients only)	11:30am - 12:30pm (M-F) 	207 Skyline Blvd	MUNI 18,58
Richmond Senior Center (18+)	11:30am - 12:30pm (M-F)  2:00p - 3:00pm (Thursdays only)  (5-Pack)	6221 Geary Blvd (3rd Floor)	MUNI 1,29,31,38,38R
Telegraph Hill Neighborhood Center (18+)	11:30am- 12:30pm (M-F) 	660 Lombard St	MUNI 8,30,39,PM

Open Weekdays and Weekends

Site	Meal Times	Address	Transportation
Curry Senior Center (60+ Older Adults Only)	8:30am - 9:30am (Breakfast, Daily)  10:30am - 12:30pm (Lunch, Daily)	333 Turk St (2nd Floor)	MUNI 5,5R,9,19,27,31
Downtown Senior Center (18+)	9am - 10am (Breakfast, Daily)  11am-12pm (Lunch, Daily)	481 O'Farrell St	MUNI 27,31,38,38R
Stanford Hotel (18+)	11:30am - 12:30pm (Lunch, Daily) 	250 Kearny Street (2nd Floor)	MUNI 2, 8, 30, 45, CA
Visitation Valley Community Center (18+)	11:30am-12:30pm (Lunch, Daily) 	66 Raymond Ave	MUNI 8,9,9R,56,KT

Meals are provided on a first come, first serve basis.



Frozen Meals



Hot Food



Dine-In



To-Go

COMMUNITY NUTRITION PROGRAM SITES

**Join us for
Meals with Love!**



(See Reverse Side For Hours)

- Weekdays and Weekends
- ▲ Weekdays Only

FOR MORE INFORMATION
openhand.org/cnp
415-447-2379
cnp@openhand.org



Project Open Hand
meals with love

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工作日開放

膳食站	膳食時間	地址	公共交通巴士
Aquatic Park Senior Center (18+)	11:30am-12:30pm (星期一至星期五) 	890 Beach St	MUNI 19,28,30,49
Ruth Brinker Meal Site (18+)	10:30am - 12:30pm (星期一至星期五) 	730 Polk St	MUNI 19,31,38,38R,49
Takeout Center (18+)	1pm-4pm (星期一至星期五)  (五份冰凍餐)		
Castro Senior Center (18+)	11:30am - 12:30pm (星期一至星期五) 	110 Diamond St	MUNI 24,33,35,F,KT,L,M
IT Bookman Community Center (18+)	11:30am - 12:30pm (星期一至星期五)  (每個月第四個星期五關門)	446 Randolph St	MUNI 28,57,M
Pomeroy Recreation & Rehabilitation Center (只開放給 Pomeroy 客戶)	11:30am - 12:30pm (星期一至星期五) 	207 Skyline Blvd	MUNI 18,58
Richmond Senior Center (18+)	11:30am - 12:30pm (星期一至星期五)  2:00p - 3:00pm (僅限星期四)  (五份冰凍餐)	6221 Geary Blvd (3rd 字樓)	MUNI 1,29,31,38,38R
Telegraph Hill Neighborhood Center (18+)	11:30am- 12:30pm (星期一至星期五) 	660 Lombard St	MUNI 8,30,39,PM

工作日和週末開放

膳食站	膳食時間	地址	公共交通巴士
Curry Senior Center (僅限60+以上成年人)	8:30am - 9:30am (早餐, 每日)  10:30am - 12:30pm (午餐, 每日)	333 Turk St (2nd 字樓)	MUNI 5,5R,9,19,27,31
Downtown Senior Center (18+)	9am - 10am (早餐, 每日)  11am-12pm (午餐, 每日)	481 O'Farrell St	MUNI 27,31,38,38R
Stanford Hotel (18+)	11:30am - 12:30pm (午餐, 每日) 	250 Kearny Street (2nd 字樓)	MUNI 2, 8, 30, 45, CA
Visitation Valley Community Center (18+)	11:30am-12:30pm (午餐, 每日) 	66 Raymond Ave	MUNI 8,9,9R,56,KT

食物以先到先得方式供應。



冰凍餐



熱食物



堂食



外賣

社區營養
計劃膳食站

來和我們一起享用用
愛心的膳食!



Project Open Hand
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(時間見後面)

● 工作日和週末

▲ 僅限工作日

了解更多信息

網站：openhand.org/cnp

電話：415-447-2379

電郵：cnp@openhand.org

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Abierto entre Semana

Centros	Horarios de Comidas	Dirección	Transportación
Aquatic Park Senior Center (18+)	11:30am-12:30pm (Lunes-Viernes) 	890 Beach St	MUNI 19,28,30,49
Ruth Brinker Meal Site (18+)	10:30am - 12:30pm (Lunes-Viernes) 	730 Polk St	MUNI 19,31,38,38R,49
Takeout Center (18+)	1pm-4pm (Lunes-Viernes)  (Paquete de 5)		
Castro Senior Center (18+)	11:30am - 12:30pm (Lunes-Viernes) 	110 Diamond St	MUNI 24,33,35,F,KT,L,M
IT Bookman Community Center (18+)	11:30am - 12:30pm (Lunes-Viernes)  (Cerrado cada cuarto Viernes de cada mes)	446 Randolph St	MUNI 28,57,M
Pomeroy Recreation & Rehabilitation Center (Abierta solo a Clientes de Pomeroy)	11:30am - 12:30pm (Lunes-Viernes) 	207 Skyline Blvd	MUNI 18,58
Richmond Senior Center (18+)	11:30am - 12:30pm (Lunes-Viernes)  2:00p - 3:00pm (Solo los Jueves)  (Paquete de 5)	6221 Geary Blvd (3er piso)	MUNI 1,29,31,38,38R
Telegraph Hill Neighborhood Center (18+)	11:30am - 12:30pm (Lunes-Viernes) 	660 Lombard St	MUNI 8,30,39,PM

Abierto entre Semana y Fines de Semana

Centros	Horarios de Comidas	Dirección	Transportación
Curry Senior Center (Solo para adultos mayores de 60 años)	8:30am - 9:30am (Desayuno, Diario)  10:30am - 12:30pm (Almuerzo, Diario)	333 Turk St (2do piso)	MUNI 5,5R,9,19,27,31
Downtown Senior Center (18+)	9am - 10am (Desayuno, Diario)  11am-12pm (Almuerzo, Diario)	481 O'Farrell St	MUNI 27,31,38,38R
Stanford Hotel (18+)	11:30am - 12:30pm (Almuerzo, Diario) 	250 Kearny Street (2do piso)	MUNI 2, 8, 30, 45, CA
Visitation Valley Community Center (18+)	11:30am - 12:30pm (Almuerzo, Diario) 	66 Raymond Ave	MUNI 8,9,9R,56,KT

Las comidas se dan por orden de llegada.



Comida Congelada



Comida Caliente



Comer adentro



Para Llevar

CENTROS DE NUTRICIÓN COMUNITARIA

Únete a Nosotros para Comidas con Amor!



Project Open Hand
meals with love



(Vea el reverso para las horas de servicio)

● Días de Semana y Fines de Semana

▲ Solo entre Semana

PARA MÁS INFORMACIÓN

openhand.org/cnp
415-447-2379
cnp@openhand.org

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