

# Hot and Frozen Meal Pick Up

\*proof of vaccination required for all dine-in options

730 Polk St @ Willow Alley  
**Hot lunch: dine in or to-go**  
**(Adults with Disabilities 18 – 59 only)**  
Monday – Friday, 10:30am to 12:30pm  
**Takeout Center (18+)**  
**Frozen lunch meals pick-up (5-Pack)**  
Monday-Friday 1pm-4pm

**Downtown Senior Center (18+)**  
481 O'Farrell St @ Jones & Taylor  
**Breakfast: dine in or to-go**  
Daily, 9am to 10am  
**Hot lunch: dine in or to-go**  
**(includes soup or salad)**  
Daily, 11am-12pm

**Curry Senior Center (60+)**  
333 Turk St @ Hyde & Leavenworth  
**Hot breakfast: dine in or to-go**  
Daily, 8:30am to 9:30am  
**Hot lunch: dine in or to-go**  
**(includes soup or salad)**  
Daily, 10:30am to 12:30pm

**IT Bookman Community Center (18+)**  
446 Randolph St @ Arch St  
**Frozen Meal Pick-Up (5-pack)**  
Thursdays, 10:15am to 12pm

**Aquatic Park Senior Center (18+)**  
890 Beach St  
**Hot lunch: dine in or to-go**  
**(includes soup or salad)**  
Monday-Friday, 11:30am to 12:30pm

## Frozen Meal Pick Up

**Castro Senior Center (18+)**  
110 Diamond St @ 18<sup>th</sup> St  
**Frozen meals pick-up, out front**  
**of building (5-pack)**  
Thursdays, 10:30am to 12:00pm

**Richmond Senior Center (18+)**  
6221 Geary Blvd @ 26th Ave & 27th Ave  
**Frozen meals pick-up (5-Pack)**  
Thursdays, 10:30am to 12:00pm

**Telegraph Hill Neighborhood Center**  
**(18+)**  
660 Lombard St @ Powell & Mason St  
**Frozen meals pick-up (5-pack)**  
Mondays, 10:30am to 12:00pm

**Visitacion Valley (18+)**  
66 Raymond Ave @  
San Bruno Ave & Alpha St  
**Frozen meals pick-up (7-pack)**  
Saturdays, 10:30am to 12:00pm

**Booker T. Washington (18+)**  
800 Presidio Ave @ Sutter St  
**Frozen meals pick-up (5-Pack)**  
Wednesdays, 10:30am to 12:00pm

Questions? 415-447-2379. Leave a message and we will return your call!

# Sitios Abiertos

\*se requiere prueba de vacunacion

730 Polk St @ Willow Alley  
**Almuerzo caliente para llevar (solo adultos con discapacidades 18 – 59)**  
Lunes – Viernes, 10:30am - 12:30pm  
**Takeout Center (18+)**  
**Paquete de 5 comidas congelado**  
Lunes-Viernes 1:00pm-4:00pm

**Downtown Senior Center (18+)**  
481 O'Farrell St @ Jones & Taylor  
**Desayuno para llevar**  
Lunes – Viernes 9am - 10am  
**Comida Caliente: Comer dentro o para llevar**  
Viernes, 10:30am - 12:00pm

**Curry Senior Center (60+)**  
333 Turk St @ Hyde & Leavenworth  
**Desayuno caliente:**  
**Comer dentro o para llevar**  
Diario, 8:30am - 9:30am  
**Almuerzo caliente:**  
**Comer dentro o para llevar (incluye sopa y ensalada)**  
Diario, 10:30am - 12:30pm

**IT Bookman Community Center (18+)**  
446 Randolph St @ Arch St  
**Paquete de 5 comidas congelado**  
Jueves, 10:15am-12pm

**Aquatic Park Senior Center (18+)**  
890 Beach St  
**Comida caliente: Comer dentro o para llevar (incluye sopa y ensalada)**  
Lunes – Viernes, 11:30am -12:30am

## **Comidas Congelado Para Llevar a Casa**

**Castro Senior Center (18+)**  
110 Diamond St @ 18<sup>th</sup> St  
**Paquete de 7 comidas congelado, afuera de la iglesia en la camioneta**  
Jueves, 10:00am - 12:30pm

**Richmond Senior Center (18+)**  
6221 Geary Blvd @ 26<sup>th</sup> Ave & 27<sup>th</sup> Ave  
**Paquete de 5 comidas congelado**  
Jueves, 10:30am - 12:00pm

**Telegraph Hill Neighborhood Center (18+)**  
660 Lombard St @ Powell & Mason St  
**Paquete de 5 comidas congelado**  
Lunes, 10:30am - 12:00pm

**Visitacion Valley (18+)**  
66 Raymond Ave @  
San Bruno Ave & Alpha St  
**Paquete de 7 comidas congelado**  
Sabados, 10:30am – 12:00pm

**Booker T. Washington (18+)**  
800 Presidio Ave @ Sutter St  
**Paquete de 5 comidas congelado**  
Miercoles, 10:30am-12:00pm

¿Preguntas? 415-447-2379. ¡Déjenos mensaje!

# 熱餐和冰凍餐領取時間表

\* 所有選擇堂食都需要疫苗接種證明

七百三十號仆街 @ Willow Alley

熱午餐：堂食或外賣

(僅限於成年殘疾人十八歲至五十九歲)

星期一至星期五，早上十點半至中午十二點半

冰凍午餐領取(五份包) - (十八歲以上)

星期一至星期五，下午一點至四點

市中心老人中心 (十八歲以上)

四百八十一號 O'Farrell街 @ Jones 街 & Taylor 街

早餐：堂食或外賣

星期一至星期五，早上九點至十點

熱午餐：堂食或外賣 - 還有湯或沙拉

每日，星期一至星期日，

早上十一點至中午十二點

居里老人中心 (六十歲以上)

三三三 Turk 街 @ Hyde 街 & Leavenworth 街

熱早餐：堂食或外賣

每日，星期一至星期日，早上八點半至九點半

熱午餐：堂食或外賣

還有湯或沙拉

每日，星期一至星期日，早上十點半至中午十二點半

博文社區中心 (十八歲以上)

四四六 Randolph 街 @ Arch

冰凍午餐領取(五份包)

每個星期四，早上十點十五分至中午十二點

水上公園社區中心(十八歲以上)

八百九十號 Beach 街

熱午餐：堂食或外賣 - 還有湯或沙拉

星期一至星期五，早上十一點半至中午十二點半

## 冷凍餐領取時間

卡斯楚老人中心 (十八歲以上)

一一零 Diamond 街 @ 十八街

冷凍餐領取時間, 在大樓前(五份包)

星期四, 早上十點至中午十二點

列治文老人中心 (十八歲以上)

六二二一 Geary 街 @ 二十六街和二十七街

冷凍餐領取時間,(五份包)

星期四, 早上十點半至中午十二點

電報山鄰舍中心(十八歲以上)

六六零 Lombard 街 @ Powell街 & Mason街

冷凍餐領取時間

星期一，早上十點半至中午十二點

訪谷區

六六 Raymond 街 @ San Bruno 街 & Alpha 街

冷凍餐領取時間,(七份包)

星期六, 早上十點半至中午十二點

布克 - 華盛頓 (十八歲以上)

八百號 Presidio 街 @ Sutter 街

冷凍餐領取時間,(五份包)

星期三，早上十點半至中午十二點

有任何問題請致電 415-447-2379 留言, 我們會盡快回復您!