

Hot and Frozen Meal Pick Up

*proof of vaccination required for all dine-in options

730 Polk St @ Willow Alley
Hot lunch: dine in or to-go
(Adults with Disabilities 18 – 59 only)
Monday – Friday, 10:30am to 12:30pm
Takeout Center
Frozen lunch meals pick-up (5-Pack)
Monday-Friday 1pm-4pm

Downtown Senior Center (18+)
481 O'Farrell St @ Jones & Taylor
Breakfast: dine in or to-go
Monday – Friday, 9am to 10am
Frozen lunch meals pick-up (7-pack)
Fridays, 9am-10am & 10:30am-12pm

Curry Senior Center (60+)
333 Turk St @ Hyde & Leavenworth
Hot breakfast: dine in or to-go
Monday – Friday, 8:30am to 9:30am
Chilled breakfast served to-go
Saturday – Sunday, 8:30am to 9:30am
Hot lunch: dine in or to-go
Monday – Friday, 10:30am to 12:30pm
Chilled lunch served to-go
Saturday – Sunday, 10:30am to 12:30pm

Frozen Meal Pick Up

Castro Senior Center (18+)
110 Diamond St @ 18th St
**Frozen meals pick-up, out front
of building (5-pack)**
Thursdays, 10am to 12:30pm

IT Bookman Community Center (18+)
446 Randolph St @ Arch St
Frozen meals pick-up (5-pack)
Thursdays, 10:15am to 12pm

Richmond Senior Center (18+)
6221 Geary Blvd @ 26th Ave & 27th Ave
Frozen meals pick-up (5-pack)
Thursdays, 10:30am to 12pm

**Telegraph Hill Neighborhood Center
(18+)**
660 Lombard St @ Powell & Mason St
Frozen meals pick-up (5-pack)
Mondays, 10:30am to 12:00pm

Visitacion Valley (18+)
66 Raymond Ave @
San Bruno Ave & Alpha St
Frozen meals pick-up (7-pack)
Saturdays, 9:30am to 1pm

Booker T. Washington (18+)
800 Presidio Ave @ Sutter St
Frozen meals pick-up (5-Pack)
Wednesdays, 10:30am-12pm

Questions? 415-447-2310. Leave a message and we will return!

Sitios Abiertos

*se requiere prueba de vacunacion

730 Polk St @ Willow Alley

Almuerzo caliente para llevar (solo adultos con discapacidades 18 – 59)

Lunes – Viernes, 10:30am - 12:30pm

Takeout Center

Paquete de 5 comidas congelado

Lunes-Viernes 1pm-4pm

Downtown Senior Center (18+)

481 O'Farrell St @ Jones & Taylor

Desayuno para llevar

Lunes – Viernes 9am - 10am

Paquete de 7 comidas congelado (18+)

Viernes, 10:30am - 12:00pm

Curry Senior Center (60+)

333 Turk St @ Hyde & Leavenworth

Desayuno caliente para llevar

Lunes – Viernes, 8:30am - 9:30am

Desayuno enfriado para llevar

Sábado – Domingo, 8:30am - 9:30am

Almuerzo caliente para llevar

Lunes – Viernes, 10:30am to 12:30pm

Almuerzo enfriado para llevar

Sábado – Domingo, 10:30am - 12:30pm

Comidas Congelado Para Llevar a Casa

Castro Senior Center (18+)

110 Diamond St @ 18th St

Paquete de 7 comidas congelado, afuera de la iglesia en la camioneta

Jueves, 10am - 12:30pm

IT Bookman Community Center (18+)

446 Randolph St @ Arch St

Paquete de 5 comidas congelado

Jueves, 10:15am - 12pm

Richmond Senior Center (18+)

6221 Geary Blvd @ 26th Ave & 27th Ave

Paquete de 5 comidas congelado

Jueves, 10:30am - 12pm

Telegraph Hill Neighborhood Center (18+)

660 Lombard St @ Powell & Mason St

Paquete de 5 comidas congelado

Lunes, 10:30am - 12:00pm

Visitacion Valley (18+)

66 Raymond Ave @

San Bruno Ave & Alpha St

Paquete de 7 comidas congelado

Sabados, 9:30am to 1pm

Booker T. Washington (18+)

800 Presidio Ave @ Sutter St

Paquete de 5 comidas congelado

Miercoles, 10:30am-12pm

¿Preguntas? 415-447-2310. ¡Déjenos mensaje!

熱餐和冰凍餐領取時間表

*所有選擇堂食都需要疫苗接種證明

<p>七百三十號什街 @ Willow Alley 熱午餐：堂食或外賣 (僅限於成年殘疾人十八歲至五十九歲) 星期一至星期五，早上十點半至中午十二點半 冰凍午餐領取(五份包) 星期一至星期五，下午一點至四點</p>	<p>市中心老人中心 (十八歲以上) 四百八十一號 O'Farrell街 @ Jones 街 & Taylor 街 早餐: 堂食或外賣 星期一至星期五，早上九點至十點 冰凍午餐領取(七份包) 星期五，早上九點至十點和十點半至中午十二點</p>
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<p>居里老人中心 (六十歲以上) 三三三 Turk 街 @ Hyde 街 & Leavenworth 街 熱早餐：堂食或外賣 星期一至星期五，早上八點半至九點半 冷凍早餐外賣 星期六至星期日，早上八點半至九點半 熱午餐：堂食或外賣 星期一至星期五，早上十點半至中午十二點半 冷凍午餐外賣 星期六至星期日，早上十點半至中午十二點半</p>

冷凍餐領取時間

<p>卡斯楚老人中心 (十八歲以上) 一一零 Diamond 街 @ 十八街 冷凍餐領取時間, 在大樓前(五份包) 星期四, 早上十點至中午十二點</p>	<p>博文社區中心 (十八歲以上) 四四六 Randolph 街 @ Arch 街 冷凍餐領取時間,(五份包) 星期四, 早上十點十五分至中午十二點</p>
<p>列治文老人中心 (十八歲以上) 六二二一 Geary 街 @ 二十六街和二十七街 冷凍餐領取時間,(五份包) 星期四, 早上十點至中午十二點</p>	<p>電報山鄰舍中心(十八歲以上) 六六零 Lombard 街 @ Powell街& Mason街 冷凍餐領取時間 星期一, 早上十點半至中午十二點</p>
<p>訪谷區 六六 Raymond 街 @ San Bruno 街 & Alpha 街 冷凍餐領取時間,(七份包) 星期六, 早上九點半至中午一點</p>	<p>布克 - 華盛頓 (十八歲以上) 八百號 Presidio 街 @ Sutter 街 冷凍餐領取時間,(五份包) 星期三, 早上十點半至中午十二點</p>

有任何問題請打電話 415-447-2310 留言, 我們會盡快回復您!