

REFERRED BY: _____ PHONE: _____ FAX: _____

SFHP MEMBER REFERRAL FORM

A licensed medical provider must fill out and sign this form.
For SFHP members only. Subject to eligibility.



Project Open Hand
meals with love

Send completed applications to:

Mail: Client Services, 730 Polk Street, San Francisco, CA 94109

Fax: 415-429-3852 E-mail: clientservices@openhand.org

Questions? 415-447-2326

Basic information and Consent to release information

I authorize my medical providers/referring party to release information about my medical condition to Project Open Hand for the purposes of verifying my eligibility. I also authorize Project Open Hand to discuss the terms of my eligibility and/or services with my medical providers and referring party.

Member Name: _____ Date of Birth: _____ Phone: _____

Member Signature: _____ Date: _____ SFHP Member ID: _____

Primary Language: _____ Medi-Cal ID/CIN Number: _____

Healthcare Provider Only to Complete Below this Line

PHYSICAL DATA: Current within six months

Height: _____ ft _____ in. Current weight: _____ lbs Usual weight: _____ lbs (if applicable)

ELIGIBILITY CRITERIA, DIAGNOSIS and CLINICAL DATA: Check all that apply

Member has SFHP as their primary insurance (required)

Patient has been informed of their diagnosis (required)

Prediabetes (ages 14 and older)

HbA1c: _____ Date: _____ (current within 6 mos)

Diabetes (ages 14 and older)

Type 1 Type 2

HbA1c: _____ Date: _____ (current within 6 mos)

Complex medical conditions needing nutritional support.
High illness burden without reliable nutritional support.

List conditions:

End-Stage Renal Disease

Must have stage 4-5 Chronic Kidney Disease w/ GFR <29

Stage: _____ GFR: _____ Date: _____

COVID-19 affected (select one):

Ongoing long-haul COVID symptoms impacting ability to shop and cook for oneself

New COVID-19 diagnosis

Acute Hospital Discharge. Check all that apply:

Malnutrition, diagnosed during hospital stay

Nutrition support needed post discharge

Food insecurity

Assessment for high risk of re-admission

ADDITIONAL DIAGNOSES: Check all that apply

HIV+/AIDS

Hepatitis C

Chronic Obstructive Pulmonary Disease (COPD)

Congestive Heart Failure (CHF); NYHA Class: _____

Coronary Artery Disease

Total Cholesterol: _____ HDL/LDL: _____/_____

Triglycerides: _____ Date: _____

MOBILITY/DELIVERY SERVICES:

PATIENT IS ABLE TO PICK UP MEALS OR PATIENT HAS SUPPORT PERSON TO PICK UP MEALS

Leaving home may create safety risk or hardship

PROVIDER SIGN OFF:

Must be signed by licensed medical professional (MD, NP, RN, LCSW, LMFT, RD, DO, or PA)

Provider Signature

Provider Printed Name & Title

Office Stamp or Address, Phone, Fax

Date