



Project Open Hand
meals with love

MEDIA ADVISORY

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Open for Thanksgiving: Project Open Hand Will Serve 3,000 *Meals with Love* to Seniors & Critically Ill

Volunteers and staff will prepare food, serve seniors and deliver meals to homebound

WHAT:

Project Open Hand's kitchen in central San Francisco will be in full swing all this week and on Thanksgiving Day (Nov. 27), when volunteers and staff will work together to prepare and deliver 3,000 Thanksgiving meals to seniors and critically ill neighbors who might otherwise be hungry or alone during the holiday.

On Thanksgiving Day and throughout Thanksgiving weekend, Project Open Hand's Senior Lunch Program will serve special holiday meals to seniors in need at five dining rooms across San Francisco.

Project Open Hand is open 365 days a year, and sees an increase in demand for our nutritious *meals with love* on holidays.

PHOTO/VIDEO OPPS:

- In the kitchen this week, preparation of our extra-special Thanksgiving feast with all the trimmings: 3,200 pounds of turkey, 200 pounds of stuffing, potatoes, veggies and 400 pumpkin pies.
- In the kitchen and at our senior lunch sites, more than 100 volunteers working side-by-side with our staff to prepare and serve *meals with love*.
- Seniors enjoying Project Open Hand's holiday meals and each other's company on Thanksgiving Day and throughout the Thanksgiving weekend.

WHEN AND WHERE (all photo/video opp locations are in San Francisco):

- **Thanksgiving Week**, Nov 24- 26, 10 am - 12 pm: Peak time to film volunteers and staff in the Project Open Hand kitchen at 730 Polk Street
- **Thanksgiving Day**, Thursday, Nov. 27
 - 10 am-12:00 pm: Peak time for food preparation in the POH kitchen at 730 Polk
 - 11 am -12:00 pm: Thanksgiving meal for seniors at Curry Senior Center, 333 Turk
 - 11:45 am -12:30 pm: Thanksgiving meal for seniors at Downtown Senior Center, 481 O'Farrell
- **Throughout Thanksgiving Weekend – Senior (age 60+) Meals**
 - Curry Senior Center, 333 Turk, Thursday through Sunday, seatings at 11 am & 12 pm
 - John King Senior Community, 500 Raymond, Thursday through Sunday, 11:30 am–12 pm
 - Francis of Assisi Community, 145 Guerrero, Thursday through Sunday, 12 pm –1 pm
 - Downtown Senior Center, 481 O'Farrell, Thursday through Sunday, 11:45 am -12:30 pm
 - Aquatic Park Senior Center, 890 Beach, Friday & Sunday only, 12:00 pm -12:45 pm

ABOUT PROJECT OPEN HAND

Project Open Hand is a nonprofit organization that provides *meals with love* to seniors and the critically ill. Every day, we prepare 2,500 nutritious meals and provide 200 bags of healthy groceries to help sustain our clients as they battle serious illnesses, isolation, or the health challenges of old age. We serve San Francisco and Alameda Counties, engaging more than 125 volunteers every day to nourish our community. Learn more at openhand.org.

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